July 9, 2020 Debra Rondeau 4522 West Ave L-13, Lancaster CA 93536 <u>debrondeau@gmail.com</u> 661-917-0254

To Whom It May Concern,

It is a true pleasure to write this letter of recommendation for Nyla O'Brien. Nyla is an extraordinary young lady whom I have had the privilege of watching grow up over the past 8 years. As a family friend and coach, I have had the opportunity to watch her in a variety of settings. Nyla remains true to herself, living a life of character and integrity, no matter the situation or who she surrounds herself with. I have seen her grow from a shy and unsure girl into a mature and disciplined young lady. Nyla's strong desire to live a life of integrity and uphold her character truly makes her stand out as one you want to associate with.

As an athlete, Nyla has shown herself to be a team player, always giving 100%. Nyla holds herself to a high standard, always striving to do what is right and lead by example. She pushes herself to work as hard as she is physically and mentality capable but never loses sight of the fact that she is part of a team. Nyla offers continuous support and encouragement to her teammates. Nyla has always carried herself with honor and respect to her teammates, coaches, referees and opponents.

Nyla has an intellectual curiosity, unlike one I have ever seen. She is diligent and determined to learn, explore and educate herself throughly. She pays attention to detail and seeks the advice of those over her to ensure she is getting accurate information. She has an amazing ability to gather information from her own experiences, observations and education to formulate decisions and complete tasks. Nyla embraces challenges with optimism and dedication. She enjoys learning and enjoys the challenge that comes with it. Though Nyla has been very successful is everything she has put her mind to, she remains a humble young lady who never lets her abilities go to her head.

Nyla has not only been successful as an athlete and scholar, but also in her personal relationships. Nyla is kind, gracious, good-natured, fun-loving, encouraging, compassionate, caring and warm hearted. Nyla has a genuine heart for people, a desire to make people feel a part and a natural way of showing people they matter. I am grateful for the time I have had to watch her grow into the amazing young lady she is, as well as the impact she has had on me and my family.

In looking ahead to Nyla's collegiate years, I am confident that she is ready to tackle the rigorous and challenging curriculum of the collegiate level. Nyla will continue to push herself to continue to grow and develop as a person, leader and scholar. Nyla is an exceptional candidate and it is with the utmost confidence that I recommend her to your college or university. Please do not hesitate to contact me if you have any further questions.

Debra Rondeau

Sincerely